

# Veterinary Update

Animal Health and Welfare Branch/Office of the Chief Veterinarian for Ontario  
Ontario Ministry of Agriculture, Food and Rural Affairs

---

## Biosecurity Update

---

January 19, 2012

### Confirmed Case of Equine Herpes Myeloencephalopathy in Southern Ontario

The Ontario Ministry of Agriculture Food and Rural Affairs (OMAFRA) has been notified of a confirmed case of Equine Herpes Myeloencephalopathy (EHM), caused by equine herpes virus 1 (EHV-1), in Southern Ontario. A blood sample from a horse with severe neurological signs tested positive for EHV-1 in early January. The horse was euthanized after its condition deteriorated. On a second farm in the same area, another horse with similar signs was euthanized in late December. No samples were collected from that horse.

In 2011, there was one laboratory-confirmed case and one suspect case of EHM in Ontario.

EHV-1 infection in horses can cause respiratory disease, abortion, neonatal foal death, and/or neurological disease. EHV-1 is not a federally Reportable Disease.

Because infected horses may show no clinical signs, but still shed the virus, the temperature of suspect animals should be monitored twice daily for 14 -21 days and any abnormalities discussed with a veterinarian. Neurological signs include loss of muscle coordination, lethargy, inability to urinate, reduced tail tone and/or head tilt. It is important that a veterinarian assess suspect cases of EHM, since it can be difficult to distinguish between this and other serious diseases, such as rabies, that can affect the nervous system in horses.

EHV-1 is easily spread by sharing contaminated equipment, contact with an animal carrying the virus, or by the clothing, hands or equipment of visitors to farms who recently had contact with an infected horse.

All horse owners should be reminded to practice vaccination and appropriate biosecurity protocols and procedures (see links below) for horses and equipment coming on and off the farm, particularly if traveling to shows or events.

Current EHV vaccines may reduce viral shedding but are not protective against the neurological form of the disease. Implementing routine biosecurity practices is the best way to minimize the spread of this disease.

Increased vigilance is needed in the equine industry at this time. In cases of neurological disease, a veterinarian's first obligation is to rule out rabies if the animal dies or is euthanized, by submitting a brain sample to CFIA. Appropriate personal protection, such as gloves and a face shield, should be used when collecting samples.

The resources listed below contain excellent information on basic biosecurity practices and infection control.

Equine Herpes Virus is an opportunity to remind your clients that the best method of disease control is disease prevention.

## **RESOURCES**

### **UNIVERSITY OF SASKATCHEWAN**

<http://blogs.usask.ca/EHRF/EHV%20fact%20sheet-1.MAR.20.pdf>

### **OMAFRA**

<http://www.omafra.gov.on.ca/english/livestock/horses/facts/prev-disease-spread.htm>

<http://www.omafra.gov.on.ca/english/livestock/horses/health.html>

### **EQUINE GUELPH**

[http://www.equineguelph.ca/education/equi planner\\_guidelines\\_strangles.php](http://www.equineguelph.ca/education/equi planner_guidelines_strangles.php)

[http://www.equineguelph.ca/pdf/facts/vacc\\_guidelines\\_print\\_FINAL.pdf](http://www.equineguelph.ca/pdf/facts/vacc_guidelines_print_FINAL.pdf)

### **AMERICAN PLANT AND HEALTH INSPECTION SERVICE**

[http://www.aphis.usda.gov/vs/nahss/equine/ehv/equine\\_herpesvirus\\_brochure\\_2009.pdf](http://www.aphis.usda.gov/vs/nahss/equine/ehv/equine_herpesvirus_brochure_2009.pdf)

Agricultural Information Contact Centre:

1-877-424-1300

E-mail: [ag.info.omafra@ontario.ca](mailto:ag.info.omafra@ontario.ca)

[www.ontario.ca/omafra](http://www.ontario.ca/omafra)