Dear Equine Enthusiast,

SUMMER IS HERE - ARE YOU READY?

1. Don’t Let Dehydration Spoil Your Fun in the Sun
   - Maintaining electrolyte balance is key to preventing dehydration. Dr. Mike Lindinger explains why drinking plenty of water after exercise is NOT enough. Read up on the latest research.
   - What’s eating your horse? Those annoying bugs are out! You have protected your horse against West Nile with a vaccine but there are more pest concerns. Use of fly sprays, masks and sheets can protect against a variety of annoying insects. Keeping horses inside during the peak periods of dusk and dawn can also help keep disease carrying pests from feasting on your horse. Learn more about pest control.
   - Skin diseases & allergies - Where did these lumps, bumps and blemishes come from? Learn more about the top triggers by reading Equine Guelph’s information sheet courtesy of Equine Guelph’s Health and Disease course.

2. Top Seasonal Tips
   - Manage your pastures - Good maintenance of your horses' grazing area can bolster health and nutrition.
   - Watch for wounds - 5 things not to do when you see red!
   - Learn about lameness - It can occur for a variety of reasons: working on surfaces that are too hard or soft, conformation strains or concussion injuries. The list is longer than your horse’s leg! Find out about causes and early detection with Equine Guelph’s Lameness Lab tool.
   - No hoof no horse - Learn more about how the hoof functions and tips for hoof health with OVC researcher Dr. Jeff Thomason, Equine Guelph’s Functional Anatomy course instructor.
   - Ensure your horse is fit - After determining if the horse is suitable for the job your are intending, a great deal of planning goes into creating a workback plan to achieve fitness goals. Equine Guelph’s Exercise Physiology course provides insight into equine body systems, functions and how to strengthen your equine athlete in a progressive manner. Click here to learn more about important considerations before training begins.

For more information on online educational courses - click here.

TAKE YOUR KNOWLEDGE TO THE NEXT LEVEL

Interactive Quiz Game
- True or False: Heat exhaustion can lead to problems as serious as kidney damage in horses.
- Play our game to see if you know how to beat the summer heat!

For more information on educational courses - click here.

Helpful Videos
- Test your skills detecting Lameness with Equine Guelph’s video challenge - Lameness Lab.

"YEAR OF COLIC PREVENTION" - 2013

July Colic Prevention Tip
- Be Consistent - Make Changes Slowly!
   - Avoid upsetting the 'bugs' in your horse's gut.
   - Make changes to diet slowly to allow gut bacteria and enzymes a chance to adapt.

Equine Guelph Colic Prevention Program
- Colic is the #1 Killer of horses (after old age). Equine Guelph is helping horse owners Combat Cols with its "YEAR OF COLIC PREVENTION" - 2013.
   - Next Offering: September 23 to October 6, 2013. $75 + HST
   - Register now!

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