Dear Horse Enthusiast,

Share this important information with friends and help support horse welfare.

**FALL IS HERE - ARE YOU READY?**

**HORSE CARE TIPS**

You will be thankful for!

- **You Can Perform a 16-point Horse Health Check in 15 minutes**
  Equine Guelph’s barn poster makes it easy to assess your horses health. Learn more about this system which helps horse owners pick up on warning signs before they become serious.

- **Nutrition Myths?**
  The grass this fall is still abundant - your horse can be sustained on pasture alone. NOT NECESSARILY - grass at this time of year is typically high in fibre but lower in nutrition - additional feed may be required to maintain a healthy weight.

- **Body Condition Score**
  Do you know your horses score? Do you know the difference between weight and condition? Learn how to figure out if your horse is an ideal five - six before the winter months and remember to monitor your horse’s body condition score often, every season to avoid changes in weight (especially after those blankets go on). Hands on Help for Your Horse.

**For more information on online educational courses - click here**

- **Avoid overstressing your horse - carefully plan exercise regimes**

- **Common Leg Injuries - Prevention and Treatment**
  Many of the injuries encountered in athletic horses are the result of repetitive strain/overuse. The following article will look at some common injuries of the suspensory ligament, stifle and sacro-iliac joint and discuss prevention and treatment options. Early detection and treatment can make the difference between retiring a horse and keeping it sound throughout its lifetime.

  **Read the full article...**

Helpful Video

**Avoid overheating your horse - carefully plan exercise regimes**

**TAKE YOUR KNOWLEDGE TO THE NEXT LEVEL**

**Survey**

Last issue we asked: Do you take a fecal sample as part of your de-worming program?

56% of survey respondents perform fecal leading.

We love your feedback. Our next HEALTHflash will reveal the answer to the following question:

**What is your primary source of information about equine health?**

Feces/Other

**Vet/Other**

**YEAR OF FULL-CIRCLE-RESPONSIBILITY** - 2014

**LIFETIME PLANNING FOR HORSES**

**EQUINE GUELPH helping horses for life**

Support the Welfare of Horses

- **Download this athlete management for lifetime planning fact sheet**
- **arthritic fact sheet**

**Common Leg Injuries - Prevention and Treatment**

Many of the injuries encountered in athletic horses are the result of repetitive strain/overuse. The following article will look at some common injuries of the suspensory ligament, stifle and sacro-iliac joint and discuss prevention and treatment options. Early detection and treatment can make the difference between retiring a horse and keeping it sound throughout its lifetime.

Read the full article...**

**Industry Partners**

**EQUINE GUELPH thanks our HEALTHflash partners**

**Support in Dewormers & Vaccines**

- **Vetiqueno**
  - **Alyce’s Animal Health**
  - **Green Horizon Animal Food Supply**
  - **Dewormer Discounts**

**Sponsored in Dewormers & Vaccines**

**Health 2014**

**FALL HERE IS - ARE YOU READY?**

**Top Seasonal Tips**

1. Take care of tapeworms - Parasite control for tapeworms is recommended in the spring or fall. These tiny worms do not show up on your fecal test. Learn more...

2. Fencing before freezing - Fall is the perfect time to finish up farm chores including paddock maintenance. Check out this fencing information.

3. Protect your horse’s investment - By storing it in a dry, well-ventilated area to prevent it from spoiling. Also make sure it is elevated from the ground (pallets or tires work well) to allow moisture from creeping in. More facts about quality hay.

4. Ready for flu season? If you attend fall fairs with your horse it is a good idea to update your horse’s flu shot.

5. Keep seniors sound - Equine Guelph’s latest horse health care tool provides information on how to promote quality of life in aging equids. Seniors often need their health checked twice a year as they are more prone to developing sharp points. Test your knowledge with the Senior Horse Challenge.

**Please note:** This information provides guidelines only and should never replace information from your veterinarian.