Nutrition - Overfeeding

What is overfeeding?
- Supplying more nutrients than the horse requires.

Problems
- Waste of money.
- Potential for horse to develop health issues due to nutrient toxicity.

How to tell if a horse is overfed?
- Check body condition score (BCS).
- Feed and workload analysis.

Potential health problems
- Obesity
- Degenerative joint disease
- Metabolic syndrome
- PPID (Cushing's disease)
- Laminitis
- Inefficient thermoregulation

Effect on behaviour
- Overfeeding can cause horses to be "hot" due to providing them with more energy than they require.

Types of overfeeding
- It is possible to overfeed supplements, grain, grass, or hay.

Learn more about Equine Nutrition from Equine Guelph [here](#)